



# Garmin Forerunner 405 Battery Replacement

Use this repair guide to replace a battery on a Garmin Forerunner 405.

Written By: Kyle Kiwczak



## INTRODUCTION

This guide will walk you through the process of replacing a dead or dying battery in a Garmin Forerunner 405.

---



### TOOLS:

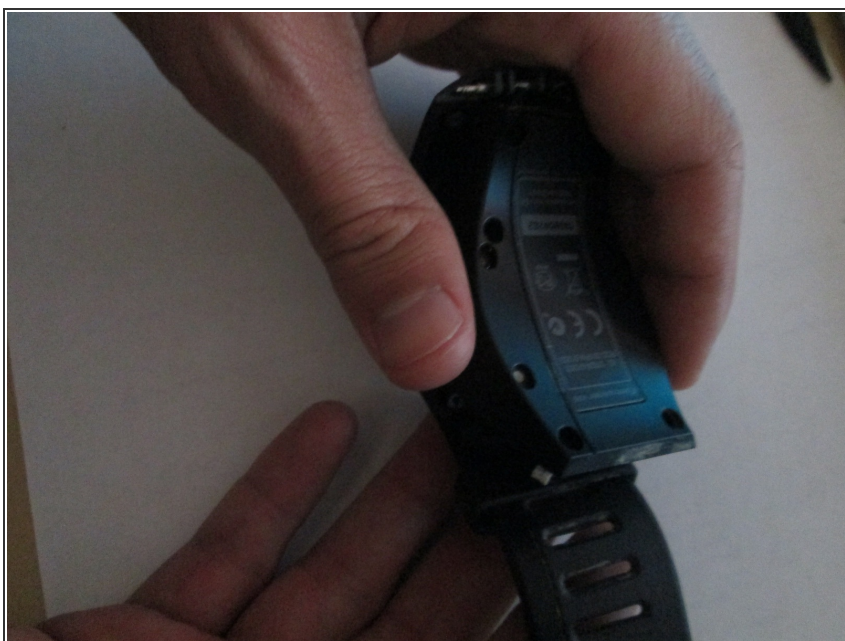
- [T5 Torx Screwdriver](#) (1)
-

## Step 1 — Unscrew



- Unscrew the four 6.35 mm Torx T5 screws securing the backing of the watch.

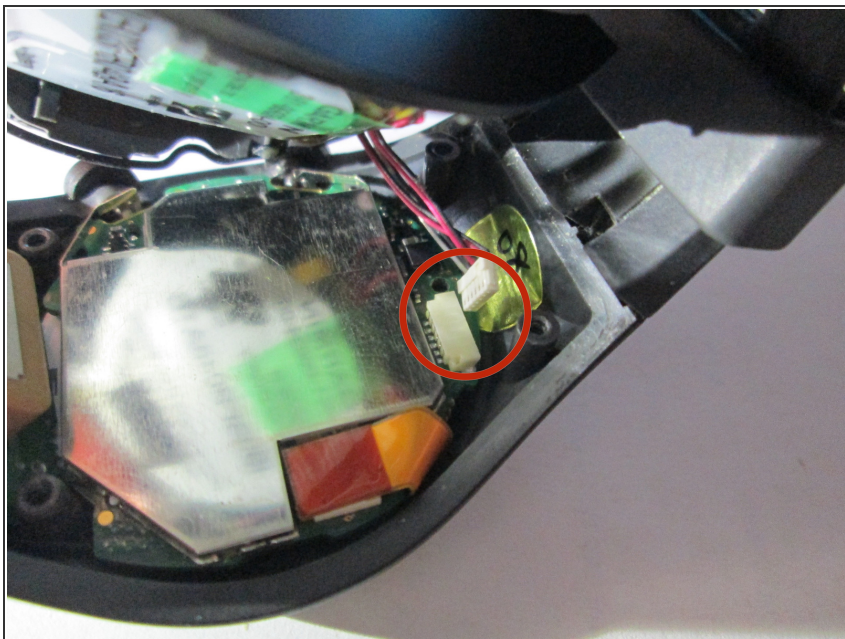
## Step 2 — Separate Component



- Pull the backing off the watch.



## Step 3 — Separate



- Pull the battery wires out from the motherboard.

## Step 4 — Replace



- Replace battery module with backing of watch.

To reassemble your device, follow these instructions in reverse order.